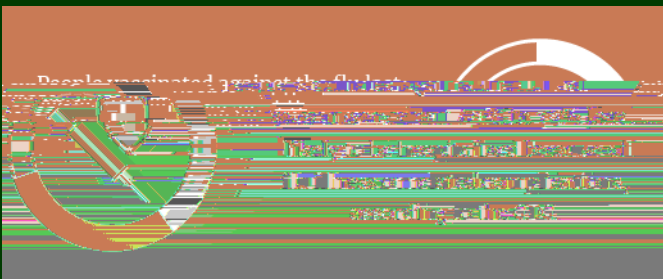
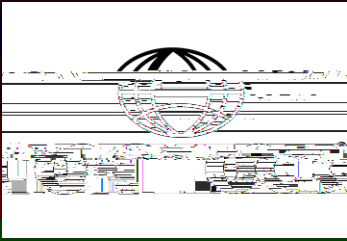


Live Well, Work Well



Get vaccinated. Being vaccinated against the flu is your best chance of preventing the illness. The CDC recommends that anyone 6 months and older get a flu shot every year. The flu and COVID-19 vaccines

Where Are the Germiest Places?

Germes are a part of life and hāymāy everywhere. The dry air associated with fall and winter also makes it easier for germs to spread and linger in the air. Here are some germ hot spots:

Home Remote controls, kitchen counters, bathroom fixtures , 26i0 (l)5 (ho)-130 (t-6.0 (s)-12.997996 (6)-130m